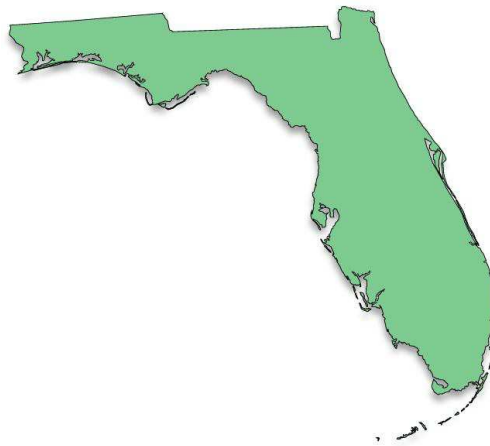


STATE PROGRAMS AND CONTACTS DIRECTORY



Florida Spinal Cord Injury Resource Center

Tampa General Rehabilitation Center

PO Box 1289, Room R212 ▪ Tampa, FL 33601

Phone: 813-844-4711 ▪ Toll-Free: 866-313-2940 ▪ Fax: 813-844-1674

Email: info@fscirc.com ▪ Web Site: www.fscirc.com

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Florida Spinal Cord Injury Resource Center (FSCIRC)

MISSION: Education, Information, Awareness

The Florida Spinal Cord Injury Resource Center, established in January 1994, serves as the statewide clearinghouse of information for persons who have survived a spinal cord injury (SCI), their families and friends, healthcare professionals, support groups, students and the general public.

FUNDING

FSCIRC is administered by the Florida Department of Health's Brain and Spinal Cord Injury Program (BSCIP).

SERVICES

Peer Mentoring: Designed to promote success for residents of the state of Florida who have sustained a spinal cord injury. New survivors are matched one-on-one with a trained, experienced, and well-adjusted mentor based on age, sex, injury level, and other demographic factors. Mentors share community resource information, help with self care education, and provide a new injury with a coach and confidant that has "been there before." By connecting new SCIs with individuals who have had success post injury, the program re-awakens a life full of possibilities.

Information: The Center has trained staff who have personal experience of living with SCI. Staff members are able to use their experiences along with the latest information to answer any SCI related questions. FSCIRC can provide information about state and national programs, as well as local community activities, such as support group meetings, recreational opportunities, and upcoming events.

Education: The Center houses resources about bladder and bowel management, skin care, sexuality, autonomic dysreflexia and other healthcare topics. FSCIRC also conducts in-services for healthcare professionals, as well as medical and nursing students to educate them about treating patients with spinal cord injury. Lastly, FSCIRC staff speaks at schools to discuss injury prevention initiatives and disability awareness with students.

RESOURCES

New Injury Information Packet: This packet contains printed information relevant to every new spinal cord injured person and their support network. It includes material such as:

- SCI Magazines
- Social Security Info
- FL Contacts Directory
- Christopher Reeve Directory
- Voc Rehab Information
- SCI Education
- Disability Rights Guide
- Autonomic Dysreflexia Card

Toll-free Helpline: Information and referral services are available Monday thru Friday from 8am-5pm. Call 866-313-2940.

Website: www.fscirc.com contains a multitude of SCI related information including SCI infosheets, upcoming event calendar, support group listings, newsfeeds, articles, and more.

Newsletter: FSCIRC produces an email newsletter that provides up-to-date SCI information, news, research updates, and stories to help individuals with SCI stay current and well informed.

Florida Brain & Spinal Cord Injury Program (BSCIP)



MISSION

The mission of the Brain and Spinal Cord Injury Program (BSCIP) is to provide eligible Florida residents, who sustain traumatic brain injuries (TBI) or spinal cord injuries (SCI), an opportunity to obtain the services needed to enable them to return to their community. Public information, prevention, education and research programs are funded to promote public awareness and reduce the incidence of TBI and SCI.

FUNDING

The Brain and Spinal Cord Injury Program was created by the Florida Legislature and funding receives a percentage of civil penalties for moving vehicle violations such as speeding, driving and boating under the influence, and surcharges on temporary auto license tags. To ensure individuals are provided the highest quality services, funding from the BSCIRTF is restricted to Department of Health/BSCIP

designated facilities and approved vendors. Designated facilities meet the standards and criteria developed by the Florida Brain and Spinal Cord Injury Advisory Council. As the payer of last resort, the BSCIP will provide funds only after all other sources of funding have been used.

SERVICES

BSCIP offers case management as the primary service available to assist clients and their families. Beyond that, BSCIP can provide acute care, inpatient and outpatient rehabilitation care, transitional living services, adaptive equipment, home modifications, and vehicle modifications. Through new initiatives, like the Medicaid Home and Community Based Waiver, BSCIP is expanding its services to include personal care assistance, adult companion services, life skills training, environmental accessibility adaptation, personal adjustment counseling, attendant care, behavioral programming, assistive technology, consumable medical supplies, adaptive health and wellness, rehabilitation engineering evaluations, and community support coordination.

ELIGIBILITY

Any resident who sustains a TBI or SCI and meets the following requirements is eligible for services:

- Has been referred to the BSCIP Central Registry
- Is a legal resident of Florida
- Is medically stable
- Meets the state definition for spinal cord and/or moderate to severe brain injury
- Is reasonably expected to benefit from rehabilitation services based upon the goal of community reintegration

DEFINITION

The state defines SCI as a lesion to the spinal cord or cauda equina resulting from external trauma with evidence of significant involvement of two of the following: motor deficit, sensory deficit, or bowel/bladder dysfunction.

REFERRAL

Anyone can refer an individual with a TBI or SCI to the Central Registry. By law, every physician or representative of a public or private health or social agency is required to report these injuries to the registry within five days of their occurrence. The case is then referred to a BSCIP case manager, who, in turn, will contact the individual within 10 working days. At that time, the case manager will begin working with the facility, client, and family to determine eligibility for services, and if appropriate and necessary, a community reintegration plan will be developed and implemented. Contact the **Central Registry** to refer an individual for BSCIP consideration at 800-342-0778.

Florida Brain & Spinal Cord Injury Program (BSCIP)

HEADQUARTERS - Florida Brain and Spinal Cord Injury Program

4052 Bald Cypress Way, Bin C-25, Tallahassee, FL 32399
850-245-4045

<http://www.floridahealth.gov/diseases-and-conditions/brain-and-spinal-cord-injuries/index.html>

Map of BSCIP Regions



REGION 1

Alachua, Baker, Bay, Bradford, Calhoun, Clay, Columbia, Dixie, Duval, Escambia, Franklin, Gadsden, Gilchrist, Gulf, Hamilton, Holmes, Jackson, Jefferson, Lafayette, Leon, Levy, Liberty, Madison, Nassau, Okaloosa, St. Johns, Santa Rosa, Suwannee, Taylor, Union, Wakulla, Walton, & Washington

JACKSONVILLE (Headquarters)

Midtown Centre, 2000 Bldg
3974 Woodcock Dr. Suite 101B
Jacksonville, FL 32207
904-348-2755

PENSACOLA

5192 Bayou Boulevard
Suite 325
Pensacola, FL 32503
850-484-5040

TALLAHASSEE

4052 Bald Cypress Way
Tallahassee, FL 32399
850-245-4444 ext. 2681

GAINESVILLE

408 West University Avenue
Seagle Building, Suite 102
Gainesville, FL 32601
352-955-3242

Florida Brain & Spinal Cord Injury Program Offices (cont.)

REGION 2

Brevard, Citrus, Flagler, Hernando, Lake, Marion, Orange, Osceola, Polk, Putnam, Seminole, Sumter, & Volusia

ORLANDO

3191 Maguire Boulevard
Langley Building, Suite 211
Orlando, FL 32803
407-897-5964

REGION 3

Desoto, Hardee, Highlands, Hillsborough, Manatee, Pasco, Pinellas, & Sarasota

TAMPA (Headquarters)

6800 N. Dale Mabry Highway
Suite 220
Tampa, FL 33614
813-307-8070

REGION 4

Broward, Charlotte, Collier, Glades, Hendry, Indian River, Lee, Martin, Okeechobee, Palm Beach, & St. Lucie

FORT LAUDERDALE (Headquarters)

4500 N State Road 7
Suite 308
Lauderdale Lakes, FL 33319
954-677-5639

WEST PALM BEACH

1551 Forum Place
Suite 400C
West Palm Beach, FL 33401
561-616-1293

FORT PIERCE

1701 South 23rd Street
Fort Pierce, FL 34950
772-468-3991

FORT MYERS

2295 Victoria Ave., Suite 150
Fort Myers, FL 33901
239-338-2310

REGION 5

Miami-Dade & Monroe

MIAMI

401 Northwest 2nd Avenue
Room S-221
Miami, FL 33128
305-377-5464

Florida Brain & Spinal Cord Injury Program (BSCIP) Children's Medical Services

When a child or teen, under the age of 19 years, has an accident that causes a traumatic brain or spinal cord injury, the Children's Medical Services (CMS) Brain and Spinal Cord Injury Program can help. After information about the child or teen is called in to the Florida Brain and Spinal Cord Injury Program (BSCIP) Central Registry, a CMS brain and spinal cord injury nurse care coordinator will arrange to talk to the family and provide them information, help plan services, and talk about other resources to help the child or teen. The CMS nurse care coordinator is trained to help the child or teen, and their family, understand the diagnosis and treatment plan. The program's goal is to return the child or teen home to resume their regular activities in school and in their community.

CONTACTING CMS

CMS has divided the state into regions with an office in each region. To find the office closest to you, please contact their office in Tallahassee.

Florida Brain and Spinal Cord Injury Program - Children's Medical Services

4052 Bald Cypress Way, Bin A-06

Tallahassee, FL 32399

850-245-4200 x2246

www.cms-kids.com/families/health_services/brainspine.html

Medicaid Waiver Program

Home and community-based waivers are tools used by states to obtain federal Medicaid matching funds to provide long-term care to patients in settings other than institutions

GOALS

- To re-integrate individuals into their communities;
- To ensure that quality services are delivered in the most effective and cost efficient manner through a coordinated system; and
- To utilize program funds to leverage federal dollars and grants to support the long-term goals of the program.

ELIGIBILITY

- Florida residents age 18 and over;
- Must be referred to the BSCIP Central Registry, call 800-342-0778
- Meets state definition of traumatic brain injury, spinal cord injury or both;
- Must be medically stable;
- Must meet at least Level II nursing home level of care; and
- Must be financially eligible for Florida Medicaid.

Department of Health - Brain and Spinal Cord Injury Program

4025 Bald Cypress Way, Bin C25

Tallahassee, Florida 32399

800-342-0778

<http://www.floridahealth.gov/diseases-and-conditions/brain-and-spinal-cord-injuries/tbi-waiver.html>

BSCIP Designated SCI Acute Care Hospitals

Acute care is defined as the time period beginning with the arrival of a new patient with a spinal cord injury (SCI) in an emergency department or acute center until discharge from acute hospitalization. Research has shown that the first few hours after trauma are the most critical in terms of preserving and possibly restoring neurological function. The need for treating persons with SCI in centers that can provide the necessary personnel, therapy and equipment in the most prompt and comprehensive manner is paramount.

Designated facilities are required to maintain the highest level of expertise and experience to address the medical, rehabilitation, and psychosocial needs of individuals who sustain traumatic SCI. These facilities are located throughout the state to ensure accessibility and volume of new admissions, and they must be approved by the Joint Commission on Accreditation of Healthcare Organizations. In addition, a designated center is required to treat a minimum of 24 new patients with SCI in a 24-month period and meet the reporting requirements of the Central Registry. To ensure individuals are provided the highest quality services, funding from the BSCIP is restricted to DOH/BSCIP designated facilities and approved vendors.

Baptist Hospital

1000 West Moreno Street
Pensacola, FL 32501
850-434-4011
www.ebaptisthealthcare.org

Halifax Medical Center

303 North Clyde Morris
Boulevard
Daytona Beach, FL 32215
386-254-4000
www.halifax.org

Jackson Memorial Hospital

1611 North West 12th
Avenue
Miami, FL 33136
305-585-1111
www.jacksonhealth.org

Memorial Regional Hospital

3435 Hayes Street
Hollywood, FL 33021
954-265-6333
www.meorialregional.com

Neuro Science Institute, Shands/UF

580 West 8th Street
Tower 1, 9th Floor
Jacksonville, FL 32209
904-244-6407
www.ufhealthjax.org

Orlando Regional Medical Center

1414 Kuhl Avenue
Orlando, Florida 32806
321-841-5111
www.orlandohealth.com

Shands Hospital - University of Florida

1600 SW Archer Road
Gainesville, FL 32608
352-265-0111
www.shands.org

St. Mary's Medical Center

901 45th Street
West Palm Beach, FL 33407
561-840-6300
<http://ufhealthjax.org>

Tallahassee Memorial Health Care, Inc.

1300 Miccosukee Road
Tallahassee, FL 32308
850-431-1155
www.tmh.org

Tampa General Hospital

1 Tampa General Circle
Tampa, FL 33606
813-844-7000
www.tgh.org

West Florida Hospital

8391 N. Davis Highway
Pensacola, FL 32514
850-494-3212
<http://westfloridahospital.com>

BSCIP Designated SCI Rehabilitation Centers

Rehabilitation refers to those events and processes occurring after injury and progressing to ultimate stabilization and maximum possible recovery. This complex care is provided in a rehabilitation facility capable of managing recent injury, comprehensive medical, social, psychological and developmental complications. Services available include: medical/physical restoration, physical and occupational therapy, specialized nursing, family services, recreational therapy, psychological counseling and education of both patient and family, in addition to vocational re-education or school reintegration.

REHABILITATION OBJECTIVES (STATE PLAN OF CARE)

- A) Individuals with SCI will have available the highest quality inpatient rehabilitation program possible.
- B) Individuals with SCI will be rehabilitated to optimal independence within the context of an inpatient rehabilitation program.
- C) Develop a system of adult and pediatric inpatient rehabilitation centers with expertise in providing optimal comprehensive care for persons with spinal cord injury and their families.
- D) Provide a continuum of care by developing an efficient referral pattern between system components with appropriate documentation of services.

INPATIENT REHABILITATION CENTERS

Bayfront Medical Center

701 Sixth Street South
St. Petersburg, FL 33701
727-823-1234
www.bayfront.com

Brooks Rehabilitation Hospital

3599 University Boulevard South
Jacksonville, FL 32216
904-345-7600
www.brooksrehab.org

Jackson Rehabilitation Hospital

1611 NW 12th Avenue
Miami, FL 33136
305-585-7112
www.jhsmiami.org

Joy-Fuller Rehabilitation Center

200 Avenue F, NE
Winter Haven, FL 33881
863-293-1121
www.baycare.org/whh

Lee Memorial Rehabilitation Hospital

2776 Cleveland Avenue
Ft. Myers, FL 33901
239-434-3900
www.leememorial.org

Orlando Health Rehabilitation Institute

818 Main Lane
Orlando, FL 32801
321-841-4161
www.orhs.org

Pinecrest Rehabilitation Hospital

5360 Linton Boulevard
Delray Beach, FL 33484
561-495-0400
www.delraymedicalctr.com

Shands Rehabilitation Hospital

4101 NW 89th Blvd.
Gainesville, FL 32606
352-265-5491
www.shands.org

Tampa General Rehabilitation Center

6 Tampa General Circle
Tampa, FL 33606
813-844-7700
www.tgh.org

The Rehabilitation Hospital

2776 Cleveland Avenue
Ft. Myers, FL 33901
239-343-3900
www.leememorial.org

West Florida Rehab Institute

8391 N. Davis Highway
Pensacola, FL 32514
850-494-6100
<http://westfloridahospital.com>

OUTPATIENT REHABILITATION CENTERS

Baptist Hospital - Davis Center for Rehab
8900 North Kendall Drive
Miami, FL 33176
786-596-1960
www.baptisthealth.net

Bayfront Medical Center
701 Sixth Street South
St. Petersburg, FL 33701
727-823-1234
www.bayfront.com

Biscayne Institutes of Health & Living
2785 NE 183rd Street
Aventura, FL 33160
305-932-8994
www.biscayneinstitutes.org

Brooks Rehabilitation
3901 University Boulevard
South
Jacksonville, FL 32216
904-345-7600
www.brooksrehab.org

HealthSouth Rehabilitation Hospital - Miami
20601 Old Cutler Road
Miami, FL 33189
305-251-3800
www.healthsouthmiami.com

HealthSouth Sunrise Rehab Hospital
4399 Nob Hill Road
Sunrise, FL 33551
954-749-0300
www.healthsouthsunrise.com

HealthSouth Rehabilitation Hospital - Miami
20601 Old Cutler Road
Miami, FL 33189
305-251-3800
www.healthsouthmiami.com

Jackson Rehabilitation Hospital
1611 NW 12th Avenue
Miami, FL 33136
305-585-7112
www.jhsmiami.org

Orlando Health Rehabilitation Institute
818 Main Lane
Orlando, FL 32801
321-841-4161
www.orhs.org

Tampa General Rehabilitation Center
6 Tampa General Circle
Tampa, FL 33606
813-844-7700
www.tgh.org

West Florida Rehab Institute
8391 N. Davis Highway
Pensacola, FL 32514
850-494-6100
<http://westfloridahospital.com>

Winter Haven Hospital
3425 Lake Alfred Road
Winter Haven, FL 33881
863-292-4060
www.baycare.org/whh

TRANSITIONAL LIVING FACILITIES

Transitional living facilities are used to transition a person from the rehabilitation center back into the community. These facilities have apartment-like setups where the person can live and practice their activities of daily living, such as dressing, cooking, and managing personal hygiene, while in a supervised environment with staff providing further training.

Neuro Restorative at Avalon Park
Keith A. Ewing Medical Office Building
3701 Avalon Park West Blvd.
Orlando, FL 32828
321-354-0023
www.neurorestorative.com

NeuLife
2725 Robie Ave.
Mount Dora, FL 32757
800-626-3876
www.neuliferehab.com

AGGRESSIVE EXERCISE RECOVERY PROGRAMS

These therapy programs differ from conventional therapy programs. They operate on the premise that the paralyzed body responds positively to specific movement patterns that occur naturally in human development. Repetitive patterns are thought to help reestablish activity within the central nervous system, resulting in greater functional return and a reorganization of neural activity. Through this intense activity model, clients can improve functional return, overall health, and increase their quality of life. These programs are typically private pay.

Believing Recovery Center

7008 N. Himes Ave.
Tampa, FL 33614
813-374-9019
www.believingtampa.com

Center for Recovery & Exercise (CORE)

1905 W. State Rd. 434
Longwood, FL 32750
321-418-3050
www.coreflorida.com

iAM ABLE Fitness

14221 SW 120 St, St. 101
Miami, FL 33186
305-283-9717
www.iamablefitness.org

Neurofit 360

19541 Sheridan St.
Pembroke Pines, FL 33332
754-202-2925
www.neurofit360fl.com

Neuroexcel

401 Northlake Blvd.
N. Palm Beach, FL 33408
866-391-6247
www.neuroexcel.com

Project Walk Orlando

330 Harbour Isle Way, Ste. 1090
Longwood, FL 32750
407-571-9974
www.projectwalkorlando.org

Stay in Step Recovery Center

10500 University Center Dr., Ste.
130
Tampa, FL 33612
813-977-7999
www.stayinstep.org

ADDITIONAL REHAB & EXERCISE RESOURCES

www.Physiotherapyexercises.com

This website has a FREE tool to create exercise programs for people with injuries and disabilities.

<http://sci-health.org/>

The Rehabilitation Research and Training Center (RRTC) on Secondary Conditions in the Rehabilitation of Individual with Spinal Cord Injury features videos and fact sheets on exercises and activities of daily living (transfers, pressure relief, etc).

State Programs and Resources

Brain Injury Association of Florida

Founded in 1985, BIAF is Florida's only statewide nonprofit organization dedicated to inform, educate, support and advocate on behalf of traumatic brain injury (TBI) survivors, their families and caregivers. BIAF has several offices located in communities and trauma centers throughout Florida, including the Traumatic Brain Injury Resource and Support Center (TBIRSC) which serves as a critical lifeline for the thousands of Floridians living with a TBI.

Brain Injury Association of Florida

1637 Metropolitan Blvd., Suite B
Tallahassee, FL 32308
800-992-3442
www.biaf.org

Bureau of Victim Compensation

The Florida Attorney General's Division of Victim Services not only serves as an advocate for crime victims and victims' rights, it also administers a compensation program to ensure financial assistance for innocent victims of crime. As part of its responsibility, the division also notifies victims of the status of any appellate decisions regarding their cases.

Injured crime victims may be eligible for financial assistance for medical care, lost income, mental health services, funeral expenses and other out-of-pocket expenses directly related to the injury. If needed, they can also be referred to support organizations within their home area.

Bureau of Victim Compensation

The Capitol, PL-01
Tallahassee, FL 32399
800-226-6667
<http://myfloridalegal.com>

Disability Rights Florida

Disability Rights Florida is a nonprofit organization providing protection and advocacy services in the State of Florida. Their mission is to advance the dignity, equality, self-determination and expressed choices of individuals with disabilities.

Disability Rights Florida

2473 Care Drive, Suite 200
Tallahassee, FL 32308
800-342-0823
www.disabilityrightsflorida.org

State Programs and Resources (cont.)

Florida Health Finder

The Florida Agency for Health Care Administration (AHCA) created FloridaHealthFinder.gov to provide easy access to health care information. Through health care quality comparison tools, the health encyclopedia, and many other resources, Floridians can use this website to learn about medical conditions, compare health care facilities and providers, find health care resources, and much more.

Florida Agency for Health Care Administration

2727 Mahan Drive
Tallahassee, FL 32308
888-419-3456

<http://www.floridahealthfinder.gov>

Florida Senior Safety Resource Center

This site, developed by the University of Florida Institute for Mobility, Activity and Participation, provides seniors and individuals with disabilities access to local medical and non-medical transportation mobility options so they may remain independent within their communities.

<http://fssrc.phhp.ufl.edu>

Florida Toll Permit Program

The Florida Disabled Toll Permit Program was created in 1988 because some disabled drivers expressed concern with their inability to toss coins into the toll baskets on Florida's toll roads. The legislature passed this legislation with the intent to eliminate these barriers for disabled drivers. Since this legislation passed, approximately 4,000 disabled drivers have been issued permits.

The Florida Disabled Toll Permit is issued when the following conditions, as specified in s. 338.155, Florida Statutes, are met:

- The individual certifies that he/she meets the intent of the legislation, i.e., has severe and permanent upper limb mobility or dexterity impairments that substantially impairs him/her from tossing coins into the baskets; has a valid driver's license; and drives a specially equipped vehicle; and is therefore qualified for such a permit.
- The applicant provides a signed statement from the applicant's physician that he/she meets the physical disability eligibility requirements, i.e., that he/she does have a severe and permanent upper limb mobility or dexterity impairment that substantially impairs him/her from tossing coins into the basket.
- Verification is received from the Florida Department of Highway Safety and Motor Vehicles, or the equivalent department in another state, that the applicant does have a valid driver's license.
- Verification is received from the Florida Department of Health that the applicant's certifying physician is a licensed physician.

Florida Commission for the Transportation Disadvantaged

605 Suwannee Street, MS-49
Tallahassee, FL 32399-0450
850-410-5700

www.dot.state.fl.us/ctd/tollpermit/tollpermitprogram.htm

State Programs and Resources (cont.)

James Patrick Memorial Work Incentive PAS Program

The program allows working residents with documented severe and chronic disabilities to receive a monthly stipend specifically to maintain a personal care attendant (PCA) to assist them with activities of daily living. JP-PAS is administered by the Florida Association of Centers for Independent Living (FACIL).

Florida Association of Centers for Independent Living

325 John Knox Road
Building C, Suite 132
Tallahassee, FL 32303
866-575-6004

<http://www.floridacils.org/JPPASOverview.html>

Medicaid

Florida residents who are eligible for Supplemental Security Income (SSI) are automatically eligible for Medicaid coverage from the Social Security Administration. When an individual is not receiving SSI, Medicaid eligibility is determined by the Department of Children and Families. Medicaid can either be applied for online or using a paper application.

<http://www.myflfamilies.com/service-programs/access-florida-food-medical-assistance-cash/medicaid>

Medical Quality Assurance Portal

This website allows users to verify that a healthcare provider's license is active and see whether any public complaints have been made or disciplines rendered by the Department of Health.

<http://www.flhealthsource.gov/>

Paralyzed Veterans of America (PVA)

The Paralyzed Veterans of America works to maximize the quality of life for its members and all people with SCI/D as a leading advocate for health care, SCI/D research and education, veterans' benefits and rights, accessibility and the removal of architectural barriers, sports programs, and disability rights.

Paralyzed Veterans of America

801 Eighteenth Street, NW
Washington, DC 20006
800-424-8200

www.pva.org

Florida PVA Chapters

Central Florida Chapter

2711 S. Design Court
Sanford, FL 32773
407-328-7041
www.centralfloridapva.org

Florida Chapter

3799 N. Andrews Avenue
Ft. Lauderdale, FL 33309
954-565-8885
www.pvaf.org

Florida Gulf Coast Chapter

15435 N. Florida Avenue
Tampa, FL 33613
813-264-1111
www.floridagulfcoastpva.org

Florida Alliance for Assistive Services & Technology (FAAST)

MISSION

To improve the quality of life for all Floridians with disabilities through advocacy and awareness activities that increase access to and acquisition of assistive services and technology.

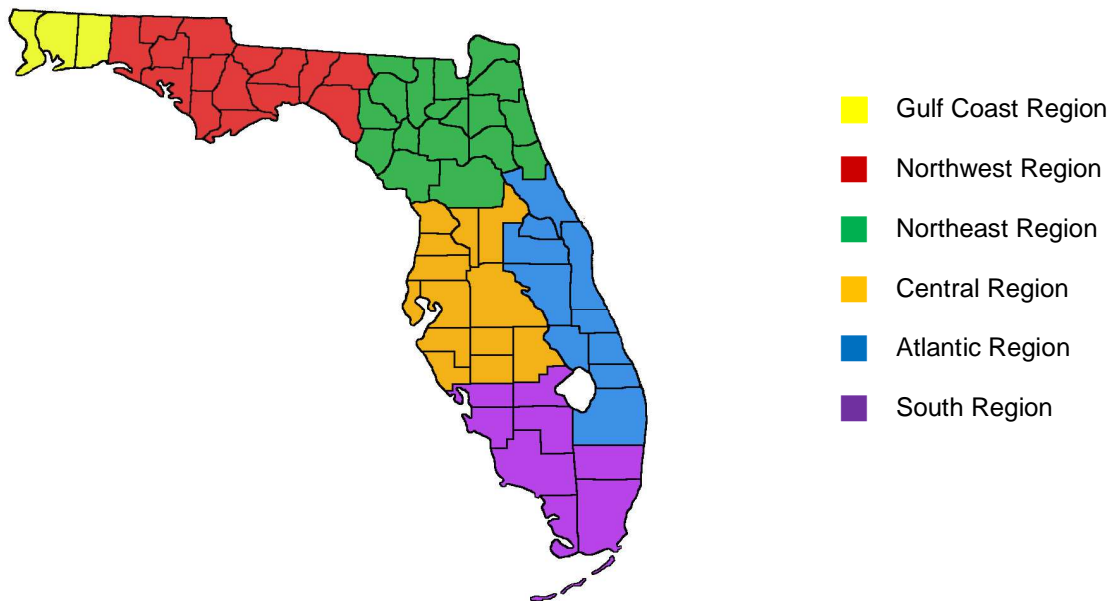
Florida Alliance for Assistive Services and Technology, Inc. (Headquarters)

3333 West Pensacola Street, Building 100 - Suite 140, Tallahassee, FL 32304

850-487-3278 / 888-788-9216 / TDD: 877-506-2723

www.faast.org

Map of FAAST Regions



Gulf Coast Region

CIL Disability Resource Center
3600 North Pace Blvd.
Pensacola, FL 32505
850-595-5566 or 877-245-2457
susanf@cil-drc.org

Northwest Florida Region

3333 W Pensacola Street
Building 100, Ste. 140
Tallahassee, FL 32304
850-487-3278 or 888-788-9216
ahoward@faast.org

Northeast Florida Region

Hope Haven Children's Clinic and Family Center
4600 Beach Boulevard
Jacksonville, FL 32207-4764
904-346-5100
kellib@hope-haven.org

Atlantic Region

UCF Communication Disorders Clinic
12424 Research Parkway, Ste. 155
Orlando, FL 32826
407-882-0468
faast@mail.ucf.edu

Central Florida Region

Tampa General
Rehabilitation Center
PO Box 1289, Room R214
Tampa, FL 33601-1289
813-844-7591
faastcen@tgh.org

South Florida Region

U. of Miami Mailman Center for Child Development
1601 NW 12th Avenue, Room 2018
Miami, FL 33136
305-243-5706
anevares@med.miami.edu

Florida Centers for Independent Living

MISSION

Centers for independent living are designed to assist people with disabilities in achieving and maintaining independent lifestyles. These non-residential centers have a majority of people with disabilities on their governing boards and they hire qualified people with disabilities to fill management and service delivery positions.

SERVICES

The centers offer a wide variety of services, such as home modifications, wheelchair lift-equipped transportation, equipment loan closets, and community education based on the specific needs of their consumers and availability elsewhere in the community. However, the four core services provided are considered essential to the efforts of people with disabilities to live independently.

- **Information and Referral** - Centers maintain comprehensive information files on availability in their community to accessible housing, transportation, employment opportunities, rosters of persons available to serve as personal care attendants, interpreters for hearing impaired people, readers for visually impaired people, and many other community services.
- **Independent Living Skills Training** - Centers provide training to help people with disabilities gain skills that would enable them to live more independently, including utilizing various public transportation systems, managing a personal budget, dealing with insensitive and discriminatory behavior.
- **Peer Counseling** - Centers offer a service in which a person with a disability can interact with other persons who have disabilities and who are living independently in the community. The objective is to explore options and to solve problems that sometimes occur for people with disabilities, like making adjustments to a newly acquired disability, experiencing changes in living arrangements, or learning to use community services more effectively.
- **Advocacy** - Centers provide two kinds of advocacy—individual and community advocacy. Individual advocacy involves working with persons with disabilities to obtain necessary support services from other agencies in the community. Community advocacy involves initiating activities to make changes in the community that make it easier for all persons with disabilities to live more independently.

Florida Association for Centers for Independent Living (FACIL)

Established in 1990, the Florida Association of Centers for Independent Living (FACIL) is a capacity building advocacy organization that provides support and resource development for Centers for Independent Living (CILs) throughout Florida. CILs are 501(c)(3), community-based, non-profit agencies that empower persons with disabilities to move from dependence to independence.

When FACIL serves the Centers for Independent Living it serves a greater purpose: the independent living movement in Florida. FACIL is a membership organization, created, driven and expanded by members who look beyond the catchment area that they serve to a wider horizon and to higher goal: the advocacy and service mission to which they've pledged their work. Also, through FACIL, members share best practices ...brainstorm ideas ... find solutions and through this effort and unity the independent living movement grows stronger.

Florida Association for Centers for Independent Living (FACIL)

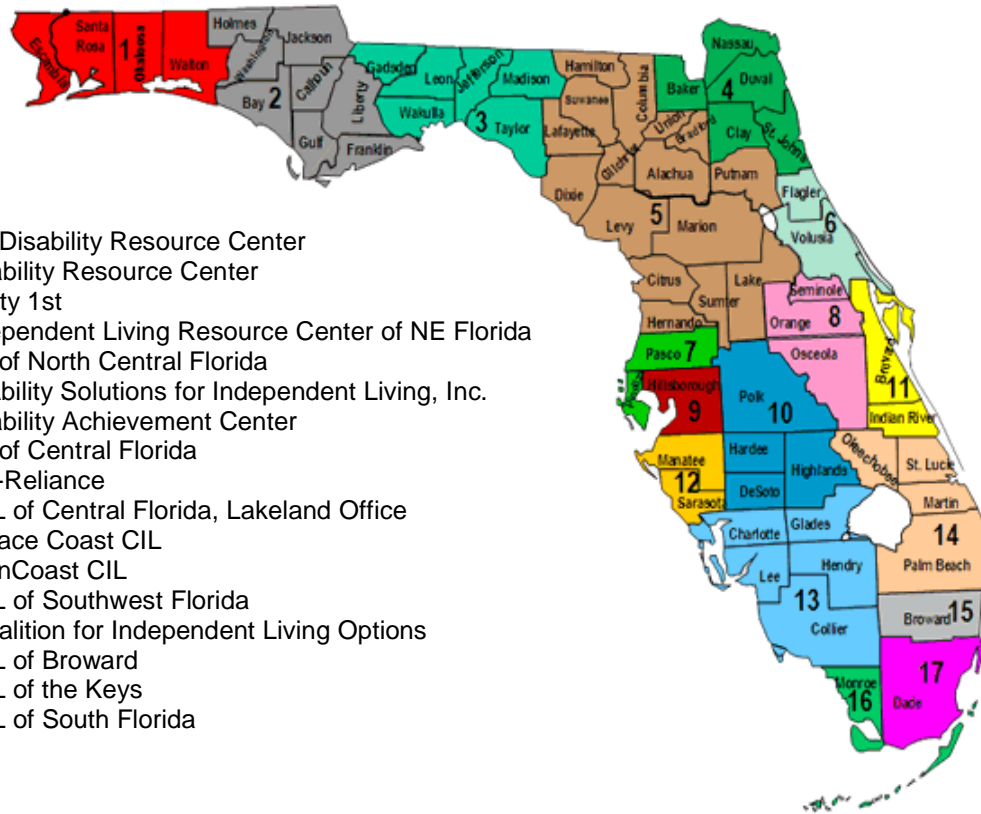
325 John Knox Road, Building C, Suite 132

Tallahassee, FL 32303

850-575-6004 / 866-575-6004

www.floridacils.org

Florida Centers for Independent Living Offices



- 1 - CIL Disability Resource Center
- 2 - Disability Resource Center
- 3 - Ability 1st
- 4 - Independent Living Resource Center of NE Florida
- 5 - CIL of North Central Florida
- 6 - disAbility Solutions for Independent Living, Inc.
- 7 - Disability Achievement Center
- 8 - CIL of Central Florida
- 9 - Self-Reliance
- 10 - CIL of Central Florida, Lakeland Office
- 11 - Space Coast CIL
- 12 - SunCoast CIL
- 13 - CIL of Southwest Florida
- 14 - Coalition for Independent Living Options
- 15 - CIL of Broward
- 16 - CIL of the Keys
- 17 - CIL of South Florida

1. CIL Disability Resource Center

3600 North Pace Boulevard
 Pensacola, FL 32505
 850-595-5566 / 877-245-2457
www.cil-drc.org

2. Disability Resource Center

300 West 5th Street
 Panama City, FL 32401
 850-769-6890
www.drcpc.org

3. Ability 1st - CIL of North Florida, Inc.

1823 Buford Court
 Tallahassee, FL 32308
 850-575-9621
www.ability1st.info

4. Independent Living RC of NE Florida

2709 Art Museum Drive
 Jacksonville, FL 32207
 904-399-8484 / 888-427-4313
www.cilj.com

5. CIL of North Central Florida

222 SW 36th Terrace
 Gainesville, FL 32607
 352-378-7474 / 800-265-5724
www.cilncf.org

6. disAbility Solutions for Independent Living

119 South Palmetto Avenue, Suite 180
 Daytona Beach, FL 32114
 386-255-1812
www.dsil.org

Florida Centers for Independent Living Offices (cont.)

- 7. Disability Achievement Center**
12552 Belcher Road, South
Largo, FL 33773
727-539-7550 / 866-539-7550
www.disabilityachievementcenter.org
- 8. CIL of Central Florida, Inc.**
720 North Denning Drive
Winter Park, FL 32789
407-623-1070
www.cilorlando.org
- 9. Self Reliance, Inc. CIL**
8901 North Armenia Avenue
Tampa, FL 33604
813-375-3965
www.self-reliance.org
- 10. CIL of Central Florida, Inc. - Lakeland**
500 S. Florida Ave
Lakeland, FL 33801
863-413-2722
www.cilorlando.org
- 11. Spacecoast CIL**
571 Haverty Court, Ste. W
Rockledge, FL 32955
321-633-6011
www.spacecoastcil.org
- 12. Suncoast CIL**
3281 17th Street
Sarasota, FL 34235
941-351-9545
www.scil4u.org
- 13. CIL of Southwest Florida**
2321 Bruner Lane
Fort Myers, FL 33912
239-277-1447 / 888-343-6991
www.cilfl.org
- 14. Coalition for Independent Living Options**
6800 Forest Hill Boulevard
West Palm Beach, FL 33413
561-966-4288
www.cilo.org
- 15. Center for Independent Living of Broward**
4800 N. State Rd. 7, Ste. 102
Lauderdale Lakes, FL 33309
954-722-6400 / 888-722-6400
www.cilbroward.org
- 16. CIL - Florida Keys**
103400 Overseas Highway, Suite 243A
Key Largo, FL 33036
877-335-0187 / 305-453-3491
- 17. CIL of South Florida**
6660 Biscayne Blvd.
Miami, FL 33138
305-751-8025
www.soflacil.org

Florida Division of Vocational Rehabilitation (DVR)

PURPOSE

The Division Vocational Rehabilitation (DVR) provides services for eligible persons with physical or mental impairments. These services are designed to enable you to prepare for, to get, to keep, or to regain employment.

ELIGIBILITY

Eligibility for VRS, as determined below, is based upon the presence of a physical or mental impairment and a goal of employment.

- The physical or mental impairment constitutes or results in a substantial impediment to employment.
- The individual's employment outcome can benefit from vocational rehabilitation services.
- The individual requires vocational rehabilitation services to prepare for, to get, to keep, or to regain employment.

If you are receiving Social Security Disability Insurance or Supplemental Security Income for your disability, you are eligible for VRS if you intend to secure employment.

THE VR PROCESS

Step One: Applying For Services

Any person living in Florida who has a physical or mental impairment and is of working age or approaching working age may apply for rehabilitation services.

Step Two: Evaluation

Your counselor will work to find out what can be done to help you get work or determine what might be blocking your ability to get work. The evaluation will indicate whether there is treatment or other forms of assistance which are needed to help support your efforts to obtain employment.

Helpful Hints: Talk the VR Talk Do's and Don'ts

- | | |
|------------------------------------------------|------------------------------------------------|
| Do: I want to get back to work. | Don't: I want to go to school. |
| Do: I need vocational direction. | Don't: I need more therapy. |
| Do: I need vocational guidance and counseling. | Don't: I don't want to lose my SSI/SSDI check. |

Step Three: Rehabilitation Planning

Once you are determined to be eligible for VRS services, your counselor will work with you to develop a plan called the Individual Plan for Employment, which will be agreed to and signed by you and your counselor.

Step Four: Receipt of Services

VRS can help you overcome or manage your disability while improving your ability to get and keep a job. Various types of services can be provided, depending on your needs.

Step Five: Job Placement

When you are ready for employment your VRS counselor will assist you with finding job openings in your community. After you begin work, your VRS counselor will want to make sure you and your employer are satisfied and may determine if other services are needed to help keep you working.

Step Six: Closure

After you have worked successfully at your job for at least 90 days, you and your VRS counselor will discuss ending the counselor's active participation in your rehabilitation.

Florida Division of Vocational Rehabilitation (DVR) (cont.)

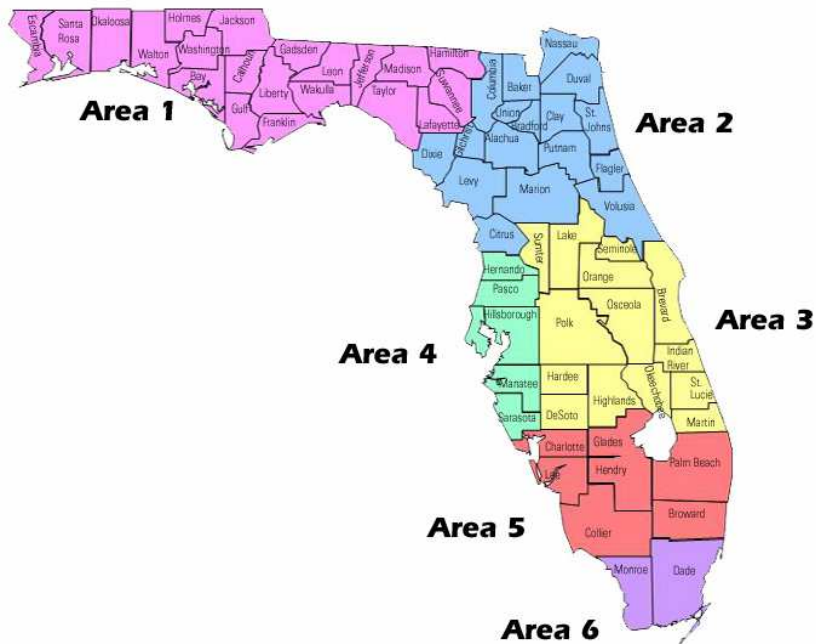
Division of Vocational Rehabilitation (Headquarters)

4070 Esplanade Way Tallahassee, FL 32399

850-245-3399 / 800-451-4327

www.rehabworks.org

Map of Florida Vocational Rehab Offices



AREA 1

600 University Office Blvd., Building 5
Pensacola, FL 32504
850-494-7152

AREA 2

1389 Hwy 90 West, Suite 100
Lake City, FL 32055
386-754-1025

AREA 3

3555 Maguire Boulevard, Suite 205
Orlando, FL 32803
407-897-2725

AREA 4

1313 North Tampa St., Suite 801
Tampa, FL 33602
813-233-3600

AREA 5

5288 Summerlin Commons Way, Suite 903
Fort Myers, FL 33907
239-278-7317

AREA 6

7975 NW 154th Street, Suite 230
Miami Lakes, FL 33016
305-450-9161

Florida Spinal Cord Injury Support Groups

NORTH FLORIDA

West Florida SCI Support Group

West Florida Rehab Institute, 8383 N Davis Highway, Pensacola, FL 32514
Joann Massey, 850-494-6178 or joann.massey@hcahealthcare.com
Group meets the 2nd Tuesday of each month from 2:30pm-3:30pm

TMH Neurological Conditions Wellness Program

Goodwill Prosperity Center, 300 Mabry Street, Tallahassee, FL 32304
Amber Swords, 850-431-5170 or amber.swords@tmh.org
Group meets the 2nd Tuesday of each month from 11am-12pm. A unique program for people with neurological conditions and their families. Promotes wellness through networking, education, exercise and fun.

North Florida SCI Association

HealthSouth Rehab of Tallahassee, 1675 Riggins Road, Tallahassee, FL 32308
Elizabeth Barranco, 850-656-4868 or elizabeth.barranco@healthsouth.com
Group meets the 2nd Monday of the month from 6pm-7:30pm in the cafeteria.

Brooks Rehabilitation Cross Disability Support Group

Brooks Rehabilitation Hospital, 3599 University Boulevard South, Jacksonville, FL 32216
Paige O'Sullivan, 904-345-4991 or paige.osullivan@brookshealth.org
Cara Stewart, 904-345-4846 or cara.stewartt@brooksrehab.org
Group meets the last Thursday of each month from 5:30pm-7:30pm. A separate support group dedicated to caregivers meets at the same time in Assembly Room 1 & 2.

Shands Jacksonville Brain and Spinal Cord Injury Support Group

Shands, 655 West Eighth Street, Jacksonville, 32209 - Tower II, 1st floor Blue Room
Khalisha Mitchell & Myria Mitchell, 904-244-4427 or khalisha.mitchell@jax.ufl.edu & myria.mitchell@jax.ufl.edu
Group meets the 2nd Wednesday of each month from 12pm-1pm.

CENTRAL FLORIDA

Spinal Cord Injury Support Group (SCISG) – Marion County Chapter

MRMC Auxiliary Conference Center, 1542 SW 1st Avenue, Ocala, FL 34471
Jeannine Anderson, 352-425-7050 or jeannineanderson@mrhs.org
Group meets the 3rd Thursday of each month at 5:30pm-7:30pm. Visit their website at www.scisg.org for more information.

Greater Orlando Spinal Cord Network

Orlando Health Rehabilitation Institute, 100 West Gore Street, Ste 104, Orlando, FL 32806
Bob Melia, 407-900-6724 or contact@goscin.com
Group meetings are held at different locations. Visit www.goscin.com for further information.

Melbourne Area SCI Group

HealthSouth Sea Pines Rehab Hospital, 101 E Florida Avenue, Melbourne, FL 32901
Laura Leitz, 321-984-4699 or laura.leitz@healthsouth.com
Group meets the 4th Wednesday of each month at 4:30pm.

Florida Spinal Cord Injury Support Groups (cont.)

Orlando Lucerne SCI Support Group

Orlando Regional Lucerne Hospital, 818 S Main Lane, Orlando, FL 32801
Bradley Daniels, 321-841-7142 or bradley.daniels@orlandohealth.com
Group meets the 1st and 3rd Tuesday of the month in the 2nd floor rehab gym from 3pm-4pm.

Spring Hill SCI Support Group

HealthSouth of Spring Hill, 12440 Cortez Blvd, Spring Hill, FL 34613
Cindy Taylor, 352-592-7232 or cynthia.taylor2@healthsouth.com
Group meets 2nd Thursday of the month from 5pm-7pm.

Spinal Cord Injury Outreach Network (SCION)

HealthSouth Rehab of Largo, 901 N Clearwater Largo Rd, Largo, FL 33770
Lee Hardin, 727-787-8243 or leehardin@verizon.net
SCION meets the 2nd Thursday of each month at 4:30pm.

Tampa Area SCI Education & Support Group

Tampa General Rehab Center, 6 Tampa General Circle, Tampa, FL 33606
Anthony Radano, 813-844-4711 or aradano@fscirc.com
Group meets the 2nd Wednesday of the month at 4:30pm.

Sarasota SCI Group

HealthSouth Rehab Sarasota, 6400 Edgelake Drive, Sarasota, FL 34240
John Berkey, 941-661-7763 or johnberkey56@gmail.com
Group meets the 3rd Thursday of each month at 5:30pm. Visit www.healthsouthsarasota.com for directions and www.scisupportgroup.webs.com for more information online.

SOUTH FLORIDA

Endless Possibilities West Palm Beach

Therapeutic Recreation Complex, 2728 Lake Worth Rd. Lake Worth, FL 33461
Stacy Staebell, 561-966-7021 or sstaebel@pbcbgov.org
Group meets the 3rd Tuesday of each month from 5:30pm-7:30pm. Visit their website at www.endlesspossibilitiesflorida.com for more information.

Spinal Cord Injury Support Group (SCISG) - Broward County Chapter

HealthSouth Sunrise Rehabilitation Hospital, 4399 Nob Hill Rd. Sunrise, FL 33351
Peggy Domitz, 954-471-8844 or pdomitz@scisg.org
Group meets 1st Tuesday of each month from 5pm-7pm. Visit their website at www.scisg.org for more information.

Spinal Cord Connections Support Group

Memorial Regional Hospital South Campus, 3600 Washington Street, Hollywood, FL 33021
Debbie Rice, 954-518-2430 or drice@mhs.net
Group meets 3rd Wednesday of every month from 5:30pm-7pm.

Spinal Cord Injury Support Group (SCISG) - Miami-Dade County Chapter

Diagnostic Treatment Center, 1080 NW 19th Street, Miami, FL 33136
Alex Lutin, 954-397-2000 or alejandrolutin@gmail.com
Group meets the 4th Wednesday of each month from 12pm-2pm. Visit their website at www.scisg.org for more information.

National Organizations

Christopher & Dana Reeve Foundation

The Christopher & Dana Reeve Foundation is dedicated to curing spinal cord injury by funding innovative research, and improving the quality of life for people living with paralysis through grants, information and advocacy. The Foundation also has the Paralysis Resource Center which offers resources on spinal cord injury, paralysis and mobility related disabilities.

Christopher & Dana Reeve Foundation

636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
800-225-0292
www.christopherreeve.org

Christopher and Dana Reeve Resource Center

800-539-7309
www.paralysis.org

Miami Project to Cure Paralysis

The Miami Project is the world's most comprehensive spinal cord injury research center, housed in the Lois Pope LIFE Center, a Center of Excellence at the University of Miami - Miller School of Medicine. The Miami Project's international team of more than 200 scientists, researchers and clinicians take innovative approaches to the challenge of spinal cord injury.

Miami Project to Cure Paralysis

1095 NW 14th Terrace
Lois Pope LIFE Center
Miami, FL 33136
800-STAND-UP or 800-782-6387
www.miamiproject.miami.edu

Model Systems Knowledge Translation Center (MSKTC)

The Model Systems Knowledge Translation Center (MSKTC) summarizes research, identifies health information needs, and develops information resources to support the Model Systems programs in meeting the needs of individuals with traumatic brain injury (TBI), spinal cord injury (SCI), and burn injury.

Model Systems Knowledge Translation Center
202-403-5600
<http://www.msktc.org>

United Spinal Association

United Spinal Association is dedicated to enhancing the quality of life of all people living with spinal cord injuries and disease (SCI/D), and providing them and their loved ones, care providers and professionals with needed resources.

United Spinal Association

75-20 Queens Blvd., Suite #320
Kew Gardens, NY 11415
800-404-2898
www.spinalcord.org

Housing Resources

Florida Property Tax Exemption for Totally and Permanently Disabled Persons

The State of Florida allows property tax exemptions for those residents with spinal cord injuries. The criteria are:

1. Real estate used and owned as a homestead by a quadriplegic, less any portion used for commercial purposes, is exempt from taxation.
2. Real estate used and owned as a homestead, less any portion used for commercial purposes, by a paraplegic, hemiplegic, or other totally and permanently disabled person, who must use a wheelchair for mobility or who is legally blind, is exempt from taxation.

If filing for the first time, a certificate of total and permanent disability from two (2) licensed doctors of this state or from the United States Department of Veterans Affairs is required. Contact your county property tax appraiser for further details.

<http://dor.myflorida.com/dor/property/taxpayers/exemptions.html>

FloridaHousingSearch.org

The housing locator service allows people to locate available housing that best fits their individual and family needs. The service can be accessed online 24 hours a day and is supported by a toll-free, bilingual call center M-F, 9:00 am - 8:00 pm EDT. Individuals can easily search for housing using a wide variety of search criteria with special mapping features and receive apartment listings that provide a multitude of important information about each unit. In addition, the site connects people to other housing resources through website links and provides helpful tools for renters such as an affordability calculator, rental checklist, and renter rights and responsibilities information.

877-428-8844

www.Floridahousingeach.org

State Housing Initiatives Partnership (SHIP)

Florida Housing administers the State Housing Initiatives Partnership program (SHIP), which provides funds to local governments as an incentive to create partnerships that produce and preserve affordable homeownership and multifamily housing. The program was designed to serve very low, low and moderate income families. SHIP dollars may be used to fund emergency repairs, new construction, rehabilitation, down payment and closing cost assistance, impact fees, construction and gap financing, mortgage buy-downs, acquisition of property for affordable housing, matching dollars for federal housing grants and programs, and homeownership counseling.

<http://www.floridahousing.org>

U.S. Department of Housing and Urban Development (HUD)

The government gives funds directly to apartment owners, who lower the rent they charge low-income tenants. You can find low-rent apartments for senior citizens and people with disabilities, as well as for families and individuals.

<http://www.hud.gov/apps/section8/>

Recreation and Sports

Florida Disabled Outdoors Association

Their mission is to enrich lives through accessible inclusive recreation and active leisure for all. The Florida Disabled Outdoors Association (FDOA) promotes health and wellness and enhances the lives of people with disabilities through activities such as: golf, tennis, martial arts, horseback riding, pontoon boat rides, sit-water skiing, kayaking, target sports, personal water craft rides, fishing and more!

Florida Disabled Outdoors Association

2475 Apalachee Parkway, Suite 205
Tallahassee, FL 32301
850-201-2944
www.fdoa.org

James A. Haley VA Hospital Adapted Sports Program

The JAHVAH Adaptive Sports Program was developed when the need for active involvement in adaptive sports, outdoor recreation and fitness programs grew for our service members returning from the current war with severe neurological and physical injuries. Through this program, many participants have experienced ongoing adaptive sports and recreation programs, camps and clinics in golf, kayaking, archery, etc.

JAHVAH Adapted Sports Program

13000 Bruce B. Downs Blvd.
Tampa, FL 33612
813-972-2000, ext 3822/3946
vacoadaptiveSP@va.gov
<http://www.va.gov/adaptivesports>

Therapeutic Recreational Programs

Some of the state's cities and/or counties have therapeutic recreational programs for individuals with disabilities. The activities that they may provide can range from arts & crafts to kayaking. Contact information for the therapeutic recreation departments are easily found on official city and county websites. Here is a partial listing of the programs around the state - <http://fscirc.com/a-z-resource/recreation-therapeutic-recreation-programs>.

Recreation and Sports (cont.)

Individual and Team Sports Contacts

BILLIARDS

National Wheelchair Poolplayer Association

9757 Mount Lompoc Ct.

Las Vegas, NV 89178

702-437-6792

www.nwpainc.org

BOWLING

American Wheelchair Bowling Association

P.O. Box 69

Clover, VA 24534

www.awba.org



EQUINE THERAPY

Bit-By-Bit Therapy

3141 SW 118 Terrace

Davie, FL 33330

954-471-6119

www.bitbybittherapy.org

Haven Horse Ranch

7333 CR 208

St. Augustine, FL 32092

904-813-5710

www.havenhorseranch.org

Horses for the Handicapped

Bakas Equestrian Center

11510 Whisper Lake Drive

Tampa, FL 33626

813-264-3890

www.bakasridingcenter.com

Quantum Leap Farm

10401 Woodstock Road

Odessa, FL 33556

813-920-9250

www.quantumleapfarm.org

Vinceremos Therapeutic

Riding Center

13300 6th Court North

Loxahatchee, FL 33470

561-792-9900

www.vinceremos.org

GOLF

Adaptive Golf Academy

941-650-5750

<http://www.adaptivegolfacademy.com>

Adaptive Golf Association

<http://adaptivegolf.org/>

HANDCYCLING

U.S. Handcycling

P.O. Box 3538

Evergreen, CO 80437

720-239-1360

www.ushandcycling.org

Recreation and Sports (cont.)

POWER SOCCER

United States Power Soccer Association

www.powersoccerusa.net

Brooks Barracudas

Jacksonville, FL
Alice Krauss
904-910-9738
alicekrauss@comcast.net

Tampa Bay Crossfire

Tampa, FL
Elio Navarro
813-842-6522
elio@xablesportsfoundation.org
www.tampabaycrossfire.net

Tampa Thunder

Safety Harbor, FL
Tara Hall
941-962-6838
pwrsocketinc@aol.com
www.tampathunder.org

Orlando Hurricanes

Orlando, FL
Shari Hennighan
407-957-0113
coachhennighan@cfl.rr.com

SAILING

Sailability

Clearwater, FL
727-327-0137
www.sailability.org

Shake a Leg Miami

Miami, FL
305-858-5550
www.shakealegmiami.org

SCUBA

Handicapped SCUBA Association

949-498-4540
www.hsascuba.com

Diveheart

630-964-1983
www.diveheart.com

Dive Pirates

877-393-3483
<http://www.divepirates.org>

SLED HOCKEY

Pembroke Pines Sled Hockey

Pembroke Pines, FL
954-708-6322
faspcorp@gmail.com

Space Coast Hurricanes

Rockledge, FL
Tom Reinarts
321-720-2043
tomreinarts@earthlink.net

Tampa Bay Lightning Sled Hockey

Tampa, FL
Mike Celona
813-301-6822
mscelona@verizon.net

Tiger Sharks

West Palm Beach, FL
Daniella Robbins
941-538-2339
[drobbins@pbcgov.org](mailto:d Robbins@pbcgov.org)

Recreation and Sports (cont.)

POWER SOCCER

United States Power Soccer Association

www.powersoccerusa.net

Brooks Barracudas

Jacksonville, FL
Alice Krauss
904-910-9738
alicekrauss@comcast.net

Tampa Bay Crossfire

Tampa, FL
Elio Navarro
813-842-6522
elio@xablesportsfoundation.org
www.tampabaycrossfire.net

Tampa Thunder

Safety Harbor, FL
Tara Hall
941-962-6838
pwrsocketinc@aol.com
www.tampathunder.org

Orlando Hurricanes

Orlando, FL
Shari Hennighan
407-957-0113
coachhennighan@cfl.rr.com

WATERSKIING

U Canski 2

Ann O'Brine-Satterfield
Winter Haven, FL
863-224-3042
www.ucanski2.com

WHEELCHAIR SOFTBALL

Tampa Bay Rays

Tampa, FL
Jennifer Day: 813-972-2000 / jennifer.day2@va.gov
Shayne Wilkerson: 813-928-8288

TENNIS

USTA Florida

1 Deuce Court, Suite 100
Daytona Beach, FL 32124
386-671-8949
<http://www.usta.com/Adult-Tennis/Wheelchair-Tennis/Wheelchair>



Recreation and Sports (cont.)

WHEELCHAIR BASKETBALL

National Wheelchair Basketball

Association
1130 Elkton St., Suite C
Colorado Springs, CO 80907
719-266-4082 x103
www.nwba.org

Brooks Ballers (Jacksonville)

Alice Krauss
904-910-9738
alicekrauss@comcast.net

Fort Lauderdale Sharks

Sherrod Nelson
954-589-6278
<http://www.ftlsharks.org>

Miami Heat Wheels

Parnes Cartwright
917-545-5949
heatwheels@gmail.com
www.miamiheatwheels.com

North Florida Rolling Rage

Robert Exum
386-758-8159
7rollingrage@bellsouth.net

Orlando Magic Wheels

Jim Moore
407-399-3920
info@OrlandoMagicWheels.org
www.orlandomagicwheels.org

Sunrise Suns

sunrisesuns1@gmail.com
<http://www.sunrisesuns.com>

Tampa Bay Strong Dogs

Wayne Bozeman
813-892-0065
bozemanc@hillsboroughcounty.org

WHEELCHAIR RUGBY

U.S. Quad Rugby Association
<http://usqra.org/>

Brooks Bandits

Jacksonville, FL
Alice Krauss
904-910-9738
alicekrauss@comcast.net

South Florida Rattlers

Lake Worth, FL
Chris Holcomb
954-723-9743
www.rattlersrugby.org

Tampa Generals

Tampa, FL
Justin Stark
813-844-4711
tampagenerals@aol.com

Orlando Clash

Orlando, FL
Bob Melia
407-841-8911
orlandoclash@gmail.com

Internet Resources

Spinal Cord Injury Information

Spinal Cord Injury Information Network
www.spinalcord.uab.edu

Spinal Cord Injury Information Pages
www.sci-info-pages.com

Spinal Cord Injury Zone
www.thescizone.com

MedlinePlus Spinal Cord Injury
www.nlm.nih.gov/medlineplus/spinalcordinjuries.html

Online Forums/Support

Care Cure Community
sci.rutgers.edu

Apparelyzed
www.apparelyzed.com

Disaboom Network
www.disaboom.com

Pushrim - Life after Spinal Cord Injury
www.pushrim.com

Funding/Grants

Benefits Checkup - www.benefitscheckup.org

A free, easy-to-use service that identifies federal and state assistance programs for older Americans and individuals with disabilities.

Be Perfect SCI Foundation - www.beperfectfoundation.com

Provides direct financial and emotional aid to SCI victims in need.

Blood Brothers Foundation - <http://www.bloodbrothersfoundation.org>

The organization provides support to individuals living with spinal cord injuries by funding vehicle modifications. They assist individuals with purchasing hand controls, lifts, steering devices, and ramps.

Challenged Athletes Foundation - www.challengedathletes.org

CAF is a unique organization that recognizes the athletic greatness of people with disabilities and supports these efforts by providing grants for training, competition and equipment needs.

Disabled Children's Relief Fund - www.dcrf.com

DCRF provides disabled children with assistance to obtain wheelchairs, orthopedic braces, walkers, lifts, hearing aids, eyeglasses, medical equipment, physical therapy, and surgery.



New Perspective Foundation - <http://www.newperspectivefoundation.org>

The purpose of the New Perspective Foundation is to help with the travel expenses incurred by family and friends while visiting individuals hospitalized due to a spinal cord injury.

HelpHOPELive - <https://helpholive.org>

This is a national nonprofit organization engaging communities in medical fundraising campaigns. Our fundraising support provides help with medical expenses to patients and families in need.

Travis Roy Foundation - www.travisroyfoundation.org

Their individual grant funds have been used to modify vans and to purchase wheelchairs, computers, ramps, shower chairs, and other adaptive equipment to help paraplegics and quadriplegics live their lives.